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Menu Item	Calories	Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Total Sugars (g)	Protein (g)	Caffeine (mg) Approx. Beverages only	Ingredient Statement	Allergen Statement
Pistachio White Mocha Iced Latte - 20 fl oz	290	7	2.5	0	10	140	53	1	43	4	92	INGREDIENTS: BREWED COFFEE, WATER, WHITE CHOCOLATE AND PISTACHIO FLAVORED SAUCE (SUGAR, NONFAT MILK, CORN SYRUP, GLYCERIN, NATURAL FLAVORS, COCOA BUTTER, WHITE CHOCOLATE (SUGAR, COCOA BUTTER, MILK, SUNFLOWER LECITHIN, VANILLA), SPIRULINA EXTRACT (COLOR), SUNFLOWER LECITHIN, SODIUM CITRATE, SALT, CITRIC ACID), SWEET CREAM COLD FOAM (CREAM, NONFAT MILK, SUGAR, SUNFLOWER LECITHIN, NATURAL FLAVORS, SALT), PISTACHIOS	Contains: Milk, Pistachio.
Peppermint White Mocha Latte - 16 fl oz	390	12	8	0	35	240	59	0	51	11	126	INGREDIENTS: REDUCED FAT MILK (VITAMIN A PALMITATE, VITAMIN D3 ADDED), WHITE CHOCOLATE AND PEPPERMINT FLAVORED SAUCE (SUGAR, NONFAT MILK, CORN SYRUP, GLYCERIN, NATURAL FLAVORS, COCOA BUTTER, WHITE CHOCOLATE (SUGAR, COCOA BUTTER, MILK, SUNFLOWER LECITHIN, VANILLA), SPIRULINA EXTRACT (COLOR), SUNFLOWER LECITHIN, SODIUM CITRATE, SALT, CITRIC ACID), ESPRESSO, WHIPPED CREAM (CREAM, SKIM MILK, CANE SUGAR, SORBITAN MONOSTEARATE, CARRAGEENAN, DEXTROSE, NATURAL VANILLA FLAVORING), PEPPERMINT BARK (WHITE COATING (SUGAR, PALM KERNEL OIL, SKIM MILK POWDER, WHOLE MILK POWDER, SOY LECITHIN, SALT), SUGAR, CORN SYRUP, COCONUT OIL, CORN STARCH, WATER, CONCENTRATED RED RADISH JUICE (COLOR), PEPPERMINT OIL, SOY LECITHIN, PROPYLENE GLYCOL, CITRIC ACID)	Contains: Milk, Soy. May Contain: Almond, Cashew, Egg, Peanut, Pecan, Walnut, Wheat.
Almondmilk Portion - 10 fl oz	50	4.5	0	0	0	120	2	1	0	2	0	INGREDIENTS: UNSWEETENED ALMONDMILK (ALMONDMILK (FILTERED WATER, ALMONDS), POTASSIUM CITRATE, DIPOTASSIUM PHOSPHATE, SUNFLOWER LECITHIN, SEA SALT, NATURAL FLAVORS, GUAR GUM, GELLAN GUM)	Contains: Almond.
French Baguette - 2 oz Portion	150	0.5	0	0	0	320	32	1	2	5	0	INGREDIENTS: FRENCH BAGUETTE (FRENCH BAGUETTE [ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, AND FOLIC ACID), WATER, FERMENTED ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, AND FOLIC ACID), SALT, SEA SALT, FERMENTED WHOLE WHEAT FLOUR, BACTERIAL CULTURE, YEAST, VINEGAR, ASCORBIC ACID (DOUGH CONDITIONER), MICROBIAL ENZYMES, WHEAT FLAKES, RYE FLOUR, SEMOLINA (WHEAT)])	Contains: Wheat. May Contain: Sesame.