



# Panera Bread® Beverage Caffeine Content

Effective: 3/11/2026 EDITION 1

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Caffeine is an approximate value

Beverage	Caffeine mg	Beverage	Caffeine mg
Additional Shot of Caramel Syrup	0	Canada Dry Ginger Ale - 20 fl oz	0
Additional Shot of Chocolate Flavored Sauce	3	Canada Dry Ginger Ale - 30 fl oz	0
Additional Shot of Espresso	63	Cappuccino - 16 fl oz	126
Additional Shot of Madagascar Vanilla Syrup	0	Cappuccino - 20 fl oz	126
Agave Lemonade - 20 fl oz	0	Caramel Latte - 16 fl oz	126
Agave Lemonade - 30 fl oz	0	Caramel Latte - 20 fl oz	126
Agave Lemonade - Serves 4 - Group	0	Chai Tea Latte - 20 fl oz	12
Agave Lemonade - Serves 8 - Group	0	Chai Tea Latte - 16 fl oz	9
AHA Blueberry Pomegranate Sparkling Water- 12 fl oz can	0	Cherry Lime Fresca - 20 fl oz with ice	0
AHA Lime Watermelon Sparkling Water- 12 fl oz can	0	Cherry Lime Fresca - 30 fl oz with ice	0
Substitute Almondmilk - 20 fl oz	0	Cherry Lime Fresca - Serves 4 - Group	0
Americano - 16 fl oz	126	Cherry Lime Fresca - Serves 8 - Group	0
Unsweetened Iced Tea - Serves 4 - Group	384	Blue Packet Sweetener	0
Unsweetened Iced Tea - Serves 8 - Group	768	Half & Half - 1 fl oz	0
Blueberry Lavender Lemonade - Naturally Flavored - 20 fl oz without ice	0	Pink Packet Sweetener	0
Blueberry Lavender Lemonade - Naturally Flavored - 30 fl oz without ice	0	Sugar	0
Blueberry Lavender Lemonade - Naturally Flavored - Serves 4 - Group	0	Turbinado Cane Sugar Packet	0
Blueberry Lavender Lemonade - Naturally Flavored - Serves 8 - Group	0	Yellow Packet Sweetener	0
Drive Thru - Blueberry Lavender Lemonade - Naturally Flavored - 20 fl oz with ice	0	1 pump of Cane Sugar Syrup	0
Drive Thru - Blueberry Lavender Lemonade - Naturally Flavored - 30 fl oz with ice	0	Coke - 20 fl oz	63
Bottled Passionfruit Papaya Naturally Flavored Iced Green Tea	0	Coke - 30 fl oz	94
Bottled Water	0	Coke 20 fl oz Bottle	59
British Breakfast Tea - 16 fl oz	100	Coke Zero - 20 fl oz	59
Bubly Sparkling Water 12 fl oz Can- Lemon	0	Coke Zero - 20 fl oz bottle	59
Bubly Sparkling Water 12 fl oz - Lime	0	Coke Zero - 30 fl oz	89
Cafe Blend Dark Roast Coffee - 16 fl oz	189	Dasani Lemon - 12 fl oz can	0
Cafe Blend Dark Roast Coffee - 20 fl oz	237	Dasani Lime - 12 fl oz can	0
Cafe blend Dark Roast Coffee - Group	1421	Decaf Coffee - Group	36
Cafe Blend Light Roast Coffee - Group	1421	Decaf Coffee - 16 fl oz	5
Cafe Blend Light Roast Coffee - 16 fl oz	189	Decaf Coffee - 20 fl oz	6
Cafe Blend Light Roast Coffee - 20 fl oz	237	Diet Coke - 20 fl oz	76
Caffe Latte - 16 fl oz	126	Diet Coke - 30 fl oz	114
Caffe Latte - 20 fl oz	126	20 oz Diet Coke Bottle	76
Caffeine Free Diet Pepsi - 20 fl oz	0	Diet Dr. Pepper - 20 fl oz	68
Caffeine Free Diet Pepsi - 30 fl oz	0	Diet Dr. Pepper - 30 fl oz	102



## Panera Bread® Caffeine Content Guide

Diet Mountain Dew - 20 fl oz	91	Drive Thru - Mug Root Beer - 20 fl oz with Ice	0
Diet Mountain Dew - 30 fl oz	137	Drive Thru - Mug Root Beer - 30 fl oz with Ice	0
Diet Mountain Dew - 12 fl oz can	54	Drive Thru - Passion Papaya Naturally Flavored Iced Green Tea - 20 fl oz with Ice	0
Diet Pepsi - 12 fl oz can	38	Drive Thru - Passion Papaya Naturally Flavored Iced Green Tea - 30 fl oz with Ice	0
Diet Pepsi - 20 fl oz	58	Drive Thru - Pepsi - 20 fl oz with Ice	39
Diet Pepsi - 20 fl oz bottle	59	Drive Thru - Pepsi - 30 fl oz with Ice	59
Diet Pepsi - 30 fl oz	84	Drive Thru - Pepsi Zero - 20 fl oz with Ice	37
Dr Pepper - 20 fl oz bottle	68	Drive Thru - Pibb Xtra - 20 fl oz with Ice	43
Dr. Pepper - 20 fl oz	68	Drive Thru - Pibb Xtra - 30 fl oz with Ice	74
Dr. Pepper - 30 fl oz	102	Drive Thru - Pomegranate Hibiscus Herbal Tea Infusion - Naturally Flavored - 20 fl oz with ice	0
Dragonfruit Sunset Energy Refresher - Naturally Flavored - 20 fl oz with ice	28	Drive Thru - Pomegranate Hibiscus Herbal Tea Infusion - Naturally Flavored - 30 fl oz with ice	0
Dragonfruit Sunset Energy Refresher - Naturally Flavored - 30 fl oz with ice	42	Drive Thru - Powerade Mountain Blast - 20 fl oz with Ice	0
Drive Thru - Agave Lemonade - 20 fl oz with Ice	0	Drive Thru - Powerade Mountain Blast - 30 Fl oz with Ice	0
Drive Thru - Agave Lemonade - 30 fl oz with Ice	0	Drive Thru - SoBe Life Water Yumberry Pomegranate - 20 fl oz with Ice	0
Drive Thru - Caffeine Free Diet Pepsi - 20 fl oz with Ice	0	Drive Thru - SoBe Life Water Yumberry Pomegranate - 30 fl oz with Ice	0
Drive Thru - Caffeine Free Diet Pepsi - 30 fl oz with Ice	0	Drive Thru - Sprite - 20 fl oz with Ice	0
Drive Thru - Canada Dry Ginger Ale - 20 fl oz with Ice	0	Drive Thru - Sprite - 30 fl oz with Ice	0
Drive Thru - Canada Dry Ginger Ale - 30 fl oz with Ice	0	Drive Thru - Starry Lemon Lime - 20 fl oz with Ice	0
Drive Thru - Coke - 20 fl oz with Ice	37	Drive Thru - Starry Lemon Lime - 30 fl oz with Ice	0
Drive Thru - Coke - 30 fl oz with Ice	56	Strawberry Basil Lemonade Fresca - 20 fl oz	0
Drive Thru - Coke Zero - 20 fl oz with Ice	37	Strawberry Basil Lemonade Fresca - 30 fl oz	0
Drive Thru - Coke Zero - 30 fl oz with Ice	56	Drive Thru - Sweet Iced Tea - 20 fl oz with Ice	82
Drive Thru - Diet Coke - 20 fl oz with Ice	50	Drive Thru - Sweet Tea - 30 fl oz with Ice	123
Drive Thru - Diet Coke - 30 fl oz with Ice	74	Drive Thru - Tropicana Fruit Punch - 20 fl oz with Ice	0
Drive Thru - Diet Dr. Pepper - 20 fl oz with Ice	43	Drive Thru - Tropicana Fruit Punch - 30 fl oz with Ice	0
Drive Thru - Diet Dr. Pepper - 30 fl oz with Ice	64	Drive Thru - Tropicana Lemonade - 20 fl oz with Ice	0
Drive Thru - Diet Mountain Dew - 20 fl oz with Ice	57	Drive Thru - Tropicana Lemonade - 30 fl oz with Ice	0
Drive Thru - Diet Mountain Dew - 30 fl oz with Ice	85	Drive Thru - Tropicana Light Lemonade - 20 fl oz with Ice	0
Drive Thru - Diet Pepsi - 20 fl oz with Ice	37	Drive Thru - Tropicana Light Lemonade - 30 fl oz with Ice	0
Drive Thru - Diet Pepsi - 30 fl oz with Ice	53	Drive Thru - Unsweetened Iced Tea - 20 fl oz with Ice	75
Drive Thru - Dr. Pepper - 20 fl oz with Ice	43	Drive Thru - Unsweetened Iced Tea - 30 fl oz with Ice	109
Drive Thru - Dr. Pepper - 30 fl oz with Ice	64	Drive Thru - Wild Cherry Pepsi 20 fl oz with Ice	39
Drive Thru - Fanta Orange - 20 fl oz with Ice	0	Drive Thru - Wild Cherry Pepsi 30 fl oz with Ice	59
Drive Thru - Fanta Orange - 30 fl oz with Ice	0	Drive-Thru - Lime Bubly Sparkling Water - 20 fl oz with Ice	0
Drive Thru - Lipton Brisk Raspberry Tea - 20 fl oz with Ice	7	Drive-Thru - Lime Bubly Sparkling Water - 30 fl oz with Ice	0
Drive Thru - Lipton Brisk Raspberry Tea - 30 fl oz with Ice	11	Espresso	126
Drive Thru - Mountain Dew - 20 fl oz with Ice	54	Fanta Orange - 20 fl oz	0
Drive Thru - Mountain Dew - 30 fl oz with Ice	80	Fanta Orange - 30 fl oz	0



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Frozen Signature Hot Chocolate	17	Mug Root Beer - 20 fl oz	0
Frozen Strawberry Lemonade with Fresh Strawberries - 16 fl oz	0	Mug Root Beer - 30 fl oz	0
Gold Peak Unsweetened Iced Tea - 18.5 fl oz	47	Orange Ginger Mint Tea - 16 fl oz	0
Hazelnut Coffee - Group	1421	Passion Papaya Naturally Flavored Iced Green Tea - 20 fl oz	0
Hazelnut Flavored Coffee - 16 fl oz	189	Passion Papaya Naturally Flavored Iced Green Tea - 30 fl oz	0
Hazelnut Flavored Coffee - 20 fl oz	237	Passion Papaya Naturally Flavored Iced Green Tea - Serves 4 - Group	0
Honest Berry Hibiscus Iced Tea - 16.9 fl oz bottle	0	Passion Papaya Naturally Flavored Iced Green Tea - Serves 8 - Group	0
Honey Ginseng Green Tea - 16 fl oz	50	Passionfruit Paradise Energy Refresher - Naturally Flavored - 20 fl oz with ice	28
Signature Hot Chocolate - 16 fl oz	9	Passionfruit Paradise Energy Refresher - Naturally Flavored - 30 fl oz with ice	44
Signature Hot Chocolate - 20 fl oz	11	Pepsi - 20 fl oz	63
Signature Hot Chocolate - Group	74	Pepsi - 20 fl oz bottle	63
Hot Tea - 16 fl oz	100	Pepsi - 30 fl oz	94
Iced Cafe Blend Dark Roast Coffee - 20 fl oz	102	Pepsi 12 fl oz can	40
Iced Cafe Blend Dark Roast Coffee - 20 fl oz - no ice	186	Pepsi Zero - 20 fl oz	63
Iced Cafe Blend Dark Roast Coffee - 30 fl oz	166	Pepsi Zero - 20 fl oz bottle	63
Iced Cafe Blend Dark Roast Coffee - 30 fl oz - no ice	279	Pibb Xtra - 20 fl oz	65
Iced Caffe Latte - 20 fl oz	126	Pibb Xtra - 30 fl oz	98
Iced Caramel Latte - 20 fl oz	126	Pomegranate Hibiscus Herbal Tea Infusion - Naturally Flavored - 20 fl oz without ice	0
Iced Chai Tea Latte - 20 fl oz	9	Pomegranate Hibiscus Herbal Tea Infusion - Naturally Flavored - 30 fl oz without ice	0
Iced Madagascar Vanilla Latte - 20 fl oz	126	Pomegranate Hibiscus Herbal Tea Infusion - Naturally Flavored - Serves 4 - Group	0
Iced Mocha Latte - 20 fl oz	134	Pomegranate Hibiscus Herbal Tea Infusion - Naturally Flavored - Serves 8 - Group	0
Kids Organic Apple juice	0	Powerade Mountain Blast - 20 fl oz	0
Kids Organic Chocolate Milk	0	Powerade Mountain Blast - 30 Fl oz	0
Kids Organic White Milk	0	Premium Orange Juice - Serves 4 - Group	0
Lime Bubly Sparkling Water - 20 fl oz	0	Premium Orange Juice - Serves 8- Group	0
Lime Bubly Sparkling Water - 30 fl oz	0	Premium OJ 11.5 fl oz	0
Lipton Brisk Raspberry Tea - 20 fl oz	12	SoBe Life Water Yumberry Pomegranate - 20 fl oz	0
Lipton Brisk Raspberry Tea - 30 fl oz	18	SoBe Life Water Yumberry Pomegranate - 30 fl oz	0
Madagascar Vanilla Latte - 16 fl oz	126	Sprite - 20 fl oz	0
Madagascar Vanilla Latte - 20 fl oz	126	Sprite - 30 fl oz	0
Mango Smoothie with Greek Yogurt - 16 fl oz	0	Sprite 20 fl oz Bottle	0
Minute Maid Orange Juice - 12 fl oz bottle	0	Sprite Zero - 20 fl oz bottle	0
Mocha Latte - 16 fl oz	134	Starry Lemon Lime - 20 fl oz	0
Mocha Latte - 20 fl oz	137	Starry Lemon Lime - 30 fl oz	0
Mountain Dew - 12 fl oz can	54	Starry Lemon Lime 12 fl oz Can	0
Mountain Dew - 20 fl oz	86	Starry Lemon Lime 20 fl oz bottle	0
Mountain Dew- 20 fl oz bottle	91	Strawberry Banana Smoothie with Greek Yogurt - 16 fl oz	0
Mountain Dew - 30 fl oz	129	Strawberry Basil Lemonade Fresca - Serves 4 - Group	0



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Strawberry Basil Lemonade Fresca - Serves 8 - Group	0	Tropicana Fruit Punch - 30 fl oz	0
Strawberry Smoothie with Greek Yogurt - 16 fl oz	0	Tropicana Lemonade - 20 fl oz	0
Sweet Iced Tea - 20 fl oz	111	Tropicana Lemonade - 30 fl oz	0
Sweet Iced Tea - 30 fl oz	166	Tropicana Light Lemonade - 20 fl oz	0
Sweet Tea - Serves 4 - Group	354	Tropicana Light Lemonade - 30 fl oz	0
Sweet Tea - Serves 8 - Group	708	Unsweetened Iced Tea - 20 fl oz	120
Tropical Green Smoothie - 16 fl oz	0	Unsweetened Iced Tea - 30 fl oz	180
Tropicana Fruit Punch - 20 fl oz	0	Wild Cherry Pepsi 20 fl oz	63
		Wild Cherry Pepsi 30 fl oz	94