



# Panera Bread® Beverage Caffeine Content

Effective: 8/30/23 Version 2

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**Caffeine is an approximate value**

Beverage	Caffeine mg	Beverage	Caffeine mg
Additional Shot of Bittersweet Chocolate Sauce	0	Caffeine Free Diet Pepsi - 20 fl oz	0
Additional Shot of Caramel Syrup	0	Caffeine Free Diet Pepsi - 30 fl oz	0
Additional Shot of Cinnamon Bark Flavored Syrup	0	Canada Dry Ginger Ale - 20 fl oz	0
Additional Shot of Espresso	73	Canada Dry Ginger Ale - 30 fl oz	0
Additional Shot of Espresso Decaf	3	Cappuccino - 16 fl oz	145
Additional Shot of Madagascar Vanilla Syrup	0	Cappuccino - 20 fl oz	145
Agave Lemonade - 20 fl oz	0	Caramel Latte - 16 fl oz	145
Agave Lemonade - 30 fl oz	0	Caramel Latte - 20 fl oz	145
Agave Lemonade - Serves 10 - Group	0	Chai Tea Latte - 20 fl oz	0
Agave Lemonade - Serves 5 - Group	0	Chai Tea Latte - 16 fl oz	0
AHA Blueberry Pomegranate Sparkling Water- 12 fl oz can	0	Chocolate Latte - 16 fl oz	145
AHA Lime Watermelon Sparkling Water- 12 fl oz can	0	Chocolate Latte - 20 fl oz	145
Americano - 16 fl oz	145	Cinnamon Crunch Latte - 16 fl oz	145
Unsweetened Iced Tea - Serves 10 - Group	723	Cinnamon Crunch Latte - 20 fl oz	145
Unsweetened Iced Tea - Serves 5 - Group	362	Cinnamon Plum Tea - 16 fl oz	100
Blackberry Sage Tea - 16 fl oz	100	Coke - 20 fl oz	63
Blood Orange Flavored Charged Splash - 20 fl oz	150	Coke - 30 fl oz	94
Blood Orange Flavored Charged Splash- 30 fl oz	219	Coke 20 fl oz Bottle	57
Blood Orange Flavored Charged Splash - Serves 10 - Group	1568	Coke Zero - 20 fl oz	59
Blood Orange Flavored Charged Splash - Serves 5 - Group	720	Coke Zero - 20 fl oz bottle	59
Bottled Passionfruit Papaya Flavored Iced Green Tea	0	Coke Zero - 30 fl oz	89
Bottled Water	0	Cold Brew Coffee - 16 fl oz	162
British Breakfast Tea - 16 fl oz	100	Cold Brew Coffee - 20 fl oz	179
Bubly Sparkling Water 12 fl oz Can- Lemon	0	Dasani Lemon - 12 fl oz can	0
Bubly Sparkling Water 12 fl oz - Lime	0	Dasani Lime - 12 fl oz can	0
Cafe Blend Dark Roast Coffee - 16 fl oz	214	Decaf Coffee - 12 fl oz	13
Cafe Blend Dark Roast Coffee - 20 fl oz	268	Decaf Coffee - Group	129
Cafe blend Dark Roast Coffee - Group	1607	Decaf Coffee - 16 fl oz	17
Cafe Blend Dark Roast Coffee - 12 fl oz	161	Decaf Coffee - 20 fl oz	22
Cafe Blend Light Roast Coffee - Group	2372	Diet Coke - 20 fl oz	76
Cafe Blend Light Roast Coffee - 16 fl oz	307	Diet Coke - 30 fl oz	114
Cafe Blend Light Roast Coffee - 20 fl oz	384	20 oz Diet Coke Bottle	76
Cafe Blend Light Roast Coffee- 12 fl oz	230	Diet Dr. Pepper - 20 fl oz	68
Caffe Latte - 16 fl oz	145	Diet Dr. Pepper - 30 fl oz	102
Caffe Latte - 20 fl oz	145	Diet Mountain Dew - 20 fl oz	91



## Panera Bread® Caffeine Content Guide

Diet Mountain Dew - 30 fl oz	137	Drive Thru - Passion Papaya Flavored Iced Green Tea - 30 fl oz	0
Diet Mountain Dew - 12 fl oz can	54	Drive Thru - Pepsi - 20 fl oz	39
Diet Pepsi - 12 fl oz can	38	Drive Thru - Pepsi - 30 fl oz	59
Diet Pepsi - 20 fl oz	56	Drive Thru - Pibb Xtra - 20 fl oz	43
Diet Pepsi - 20 fl oz bottle	59	Drive Thru - Pibb Xtra - 30 fl oz	74
Diet Pepsi - 30 fl oz	84	Drive Thru - Powerade Mountain Blast - 20 fl oz	0
Dr Pepper - 20 fl oz bottle	68	Drive Thru - Powerade Mountain Blast - 30 fl oz	0
Dr. Pepper - 20 fl oz	68	Drive Thru - SoBe Life Water Yumberry Pomegranate - 20 fl oz	0
Dr. Pepper - 30 fl oz	102	Drive Thru - SoBe Life Water Yumberry Pomegranate - 30 fl oz	0
Drive Thru - Agave Lemonade - 20 fl oz	0	Drive Thru - Sprite - 20 fl oz	0
Drive Thru - Agave Lemonade - 30 fl oz	0	Drive Thru - Sprite - 30 fl oz	0
Drive Thru - Caffeine Free Diet Pepsi - 20 fl oz	0	Drive Thru - Starry Lemon Lime - 20 fl oz	0
Drive Thru - Caffeine Free Diet Pepsi - 30 fl oz	0	Drive Thru - Starry Lemon Lime - 30 fl oz	0
Drive Thru - Canada Dry Ginger Ale - 20 fl oz	0	Drive Thru - Sweet Iced Tea - 20 fl oz	72
Drive Thru - Canada Dry Ginger Ale - 30 fl oz	0	Drive Thru - Sweet Iced Tea - 30 fl oz	104
Drive Thru - Coke - 20 fl oz	37	Drive Thru - Tropicana Fruit Punch - 20 fl oz	0
Drive Thru - Coke - 30 fl oz	56	Drive Thru - Tropicana Fruit Punch - 30 fl oz	0
Drive Thru - Coke Zero - 20 fl oz	37	Drive Thru - Tropicana Lemonade - 20 fl oz	0
Drive Thru - Coke Zero - 30 fl oz	56	Drive Thru - Tropicana Lemonade - 30 fl oz	0
Drive Thru - Diet Coke - 20 fl oz	50	Drive Thru - Tropicana Light Lemonade - 20 fl oz	0
Drive Thru - Diet Coke - 30 fl oz	74	Drive Thru - Tropicana Light Lemonade - 30 fl oz	0
Drive Thru - Diet Dr. Pepper - 20 fl oz	43	Drive Thru - Unsweetened Iced Tea - 20 fl oz	72
Drive Thru - Diet Dr. Pepper - 30 fl oz	64	Drive Thru - Unsweetened Iced Tea - 30 fl oz	104
Drive Thru - Diet Mountain Dew - 20 fl oz	57	Drive Thru - Wild Cherry Pepsi 20 fl oz	39
Drive Thru - Diet Mountain Dew - 30 fl oz	85	Drive Thru - Wild Cherry Pepsi 30 fl oz	59
Drive Thru - Diet Pepsi - 20 fl oz	35	Drive-Thru - Lime Bubly Sparkling Water - 20 fl oz	0
Drive Thru - Diet Pepsi - 30 fl oz	53	Drive-Thru - Lime Bubly Sparkling Water - 30 fl oz	0
Drive Thru - Dr. Pepper - 20 fl oz	43	Earl Greyer Tea - 16 fl oz	100
Drive Thru - Dr. Pepper - 30 fl oz	64	Espresso	145
Drive Thru - Fanta Orange - 20 fl oz	0	Fanta Orange - 20 fl oz	0
Drive Thru - Fanta Orange - 30 fl oz	0	Fanta Orange - 30 fl oz	0
Drive Thru - Lipton Brisk Raspberry Tea - 20 fl oz	7	Frozen Caramel Cold Brew - 16 fl oz	144
Drive Thru - Lipton Brisk Raspberry Tea - 30 fl oz	11	Frozen Chocolate Cold Brew - 16 fl oz	144
Drive Thru - Mountain Dew - 20 fl oz	54	Ginger Peach Tea - 16 fl oz	100
Drive Thru - Mountain Dew - 30 fl oz	80	Gold Peak Unsweetened Iced Tea - 18.5 fl oz	47
Drive Thru - Mug Root Beer - 20 fl oz	0	Hazelnut Coffee - Group	2060
Drive Thru - Mug Root Beer - 30 fl oz	0	Hazelnut Flavored Coffee - 12 fl oz	209
Drive Thru - Passion Papaya Flavored Iced Green Tea - 20 fl oz	0	Hazelnut Flavored Coffee - 16 fl oz	279



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Hazelnut Flavored Coffee - 20 fl oz	349	Mountain Dew - 12 fl oz can	54
Honest Berry Hibiscus Iced Tea - 16.9 fl oz bottle	0	Mountain Dew - 20 fl oz	86
Honey Ginseng Green Tea - 16 fl oz	50	Mountain Dew- 20 fl oz bottle	91
Signature Hot Chocolate - 16 fl oz	0	Mountain Dew - 30 fl oz	129
Signature Hot Chocolate - 20 fl oz	0	Mug Root Beer - 20 fl oz	0
Iced Cafe Blend Dark Roast Coffee - 20 fl oz	156	Mug Root Beer - 30 fl oz	0
Iced Cafe Blend Dark Roast Coffee - 20 fl oz - no ice	268	Orange Ginger Mint Tea - 16 fl oz	0
Iced Cafe Blend Dark Roast Coffee - 30 fl oz	253	Passion Papaya Flavored Iced Green Tea - 20 fl oz	0
Iced Cafe Blend Dark Roast Coffee - 30 fl oz - no ice	401	Passion Papaya Flavored Iced Green Tea - 30 fl oz	0
Iced Cafe Blend Dark Roast Coffee- 16 fl oz	142	Passion Papaya Flavored Iced Green Tea - Serves 10 - Group	0
Iced Cafe Blend Light Roast Coffee - 30 fl oz	576	Passion Papaya Flavored Iced Green Tea - Serves 5 - Group	0
Iced Caffe Latte - 20 fl oz	146	Pepsi - 20 fl oz	63
Iced Caramel Latte - 20 fl oz	146	Pepsi - 20 fl oz bottle	63
Iced Chai Tea Latte - 20 fl oz	0	Pepsi - 30 fl oz	94
Iced Chocolate Latte - 20 fl oz	146	Pepsi 12 fl oz can	40
Iced Cinnamon Crunch Latte - 20 fl oz	145	Pibb Xtra - 20 fl oz	65
Iced Decaf Coffee - 30 fl oz	33	Pibb Xtra - 30 fl oz	98
Iced Hazelnut Flavored Coffee - 30 fl oz	523	Powerade Mountain Blast - 20 fl oz	0
Iced Madagascar Vanilla Latte - 20 fl oz	145	Powerade Mountain Blast - 30 Fl oz	0
Kids Organic Apple juice	0	Premium Orange Juice - Serves 10 - Group	0
Kids Organic Chocolate Milk	0	Premium Orange Juice - Serves 5 - Group	0
Kids Organic White Milk	0	Premium OJ 11.5 fl oz	0
Lime Bubly Sparkling Water - 20 fl oz	0	SoBe Life Water Yumberry Pomegranate - 20 fl oz	0
Lime Bubly Sparkling Water - 30 fl oz	0	SoBe Life Water Yumberry Pomegranate - 30 fl oz	0
Lipton Brisk Raspberry Tea - 20 fl oz	12	Sprite - 20 fl oz	0
Lipton Brisk Raspberry Tea - 30 fl oz	18	Sprite - 30 fl oz	0
Madagascar Vanilla Almond Cold Brew Coffee - 16 fl oz	97	Sprite 20 fl oz Bottle	0
Madagascar Vanilla Almond Cold Brew Coffee - 20 fl oz	114	Sprite Zero - 20 fl oz bottle	0
Madagascar Vanilla Cream Cold Brew Coffee - 16 fl oz	97	Starry Lemon Lime - 20 fl oz	0
Madagascar Vanilla Cream Cold Brew Coffee - 20 fl oz	114	Starry Lemon Lime - 30 fl oz	0
Madagascar Vanilla Latte - 16 fl oz	145	Starry Lemon Lime 12 fl oz Can	0
Madagascar Vanilla Latte - 20 fl oz	145	Starry Lemon Lime 20 fl oz bottle	0
Mango Ceylon Tea - 16 fl oz	100	Strawberry Lemon Mint Flavored Charged Lemonade - 20 fl oz	158
Mango Yuzu Citrus Flavored Charged Lemonade - 30 fl oz	235	Strawberry Lemon Mint Flavored Charged Lemonade - 30 fl oz	237
Mango Yuzu Citrus Flavored Charged Lemonade - 20 fl oz	157	Strawberry Lemon Mint Flavored Charged Lemonade - Serves 10 - Group	1644
Mango Yuzu Citrus Flavored Charged Lemonade - Serves 10 - Group	1629	Strawberry Lemon Mint Flavored Charged Lemonade - Serves 5 - Group	822
Mango Yuzu Citrus Flavored Charged Lemonade - Serves 5 - Group	814	Substitute Almond Milk - 8 fl oz	0
Minute Maid Orange Juice - 12 fl oz bottle	0	Substitute Skim Milk - 4 fl oz	0