

# Allergen Guide



VALID FOR: 9/2/2026

EDITION 1

Below is a list of our national menu items with allergens identified. There are 9 major FDA identified allergens, which may be of concern to our customers: Wheat (and Gluten also included though not an allergen), Tree Nuts, Peanuts, Milk, Soy, Egg, Fish, Crustacean Shellfish and Sesame.

To access [cafe specific detailed ingredient statements](#):

- Navigate to [Panerabread.com](#) on the manager iPad
- Set locations for your current cafe
- access specific menu item by category

• Scroll down page to "See All Ingredients" button, click to show detailed ingredient statement

See All Ingredients

**NOTE:** Menu items that do "NOT" contain any major allergens will reflect "No Major Allergens Present" under the allergen categories.

**NOTE:** Many of our products may come into contact with common allergens during production and preparation.

**NOTE:** \* Highly refined oil from allergenic sources are not considered an allergenic ingredient according to FDA and are not reflected below.

| Product                                                   | Wheat (and identifies Gluten sources) | Tree Nuts   | Peanuts     | Milk        | Soy (*excludes highly refined oil) | Egg         | Fish/Shellfish | Sesame      |
|-----------------------------------------------------------|---------------------------------------|-------------|-------------|-------------|------------------------------------|-------------|----------------|-------------|
| <b>Bagels &amp; Spreads</b>                               |                                       |             |             |             |                                    |             |                |             |
| Asiago Cheese                                             | Yes                                   |             |             | Yes         | May Contain                        | May Contain |                |             |
| Asiago Everything                                         | Yes                                   |             |             | Yes         | May Contain                        | May Contain |                | Yes         |
| Blueberry                                                 | Yes                                   | May Contain |             | May Contain | May Contain                        | May Contain |                | Yes         |
| Chocolate Chip                                            | Yes                                   |             |             | May Contain | Yes                                |             |                | Yes         |
| Cinnamon Crunch                                           | Yes                                   |             |             | Yes         | May Contain                        | May Contain |                |             |
| Cinnamon Swirl & Raisin                                   | Yes                                   | May Contain |             | May Contain | May Contain                        | May Contain |                | Yes         |
| Everything                                                | Yes                                   | May Contain |             | May Contain | May Contain                        | May Contain |                | Yes         |
| Multigrain Bagel Flat                                     | Yes                                   |             |             |             |                                    |             |                | May Contain |
| Plain                                                     | Yes                                   | May Contain |             | May Contain | May Contain                        | May Contain |                | Yes         |
| Sesame                                                    | Yes                                   | May Contain |             | May Contain | May Contain                        | May Contain |                | Yes         |
| Plain Cream Cheese Spread                                 |                                       |             |             | Yes         |                                    |             |                |             |
| Reduced Fat Honey Walnut Cream Cheese Spread              |                                       | Yes         |             | Yes         |                                    |             |                |             |
| <b>Breads</b>                                             |                                       |             |             |             |                                    |             |                |             |
| Artisan Ciabatta- Loaf                                    | Yes                                   |             |             |             |                                    |             |                | May Contain |
| Black Pepper Focaccia - Round Loaf                        | Yes                                   |             |             |             |                                    |             |                | May Contain |
| Classic White - Loaf                                      | Yes                                   |             |             | Yes         |                                    |             |                | May Contain |
| Country Rustic Sourdough - XL Loaf                        | Yes                                   |             |             |             |                                    |             |                | May Contain |
| Croissant                                                 | Yes                                   | May Contain |             | Yes         | May Contain                        | May Contain |                | May Contain |
| French Baguette                                           | Yes                                   |             |             |             |                                    |             |                | May Contain |
| Sourdough Bread Bowl                                      | Yes                                   |             |             |             |                                    |             |                | May Contain |
| Tomato Basil - Miche                                      | Yes                                   |             |             |             |                                    |             |                | May Contain |
| Whole Grain Lahvash Wrap                                  | Yes                                   |             |             |             | Yes                                |             |                | Yes         |
| Italian Stuffer Roll - Retail whole                       | Yes                                   |             |             |             |                                    |             |                |             |
| <b>Baked Goods</b>                                        |                                       |             |             |             |                                    |             |                |             |
| Brownie                                                   | Yes                                   |             |             | Yes         | Yes                                | Yes         |                |             |
| Cookie- Candy                                             | Yes                                   |             |             | Yes         | Yes                                | Yes         |                |             |
| Cookie- Chocolate Chipper (Large & Petites)               | Yes                                   |             |             | Yes         | Yes                                | Yes         |                |             |
| Cookie - Chocolate Coconut Macaroon                       | Yes                                   | Yes         | May Contain | Yes         | Yes                                | Yes         |                |             |
| Cookie - Coconut Macaroon                                 | Yes                                   | Yes         | May Contain | Yes         | Yes                                | Yes         |                |             |
| Cookie - Dubai Style Chocolate Pistachio                  | Yes                                   | Yes         |             | Yes         | Yes                                | Yes         |                |             |
| Cookie- Iced Shaped Shortbread- <b>Pumpkin</b>            | Yes                                   | May Contain | May Contain | Yes         | Yes                                | May Contain |                |             |
| Cookie- Kitchen Sink                                      | Yes                                   |             |             | Yes         | Yes                                | Yes         |                |             |
| Cookie- Oatmeal Raisin with Berries                       | Yes                                   |             |             | Yes         | Yes                                | Yes         |                |             |
| Pastry - Cranberry Orange Loaf Slice - Naturally Flavored | Yes                                   |             |             | Yes         |                                    | Yes         |                |             |
| Muffin- Blueberry                                         | Yes                                   |             |             | Yes         | Yes                                | Yes         |                |             |
| Muffin- Chocolate Chip                                    | Yes                                   |             |             | Yes         | Yes                                | Yes         |                |             |
| Pastry - Almond                                           | Yes                                   | Yes         |             | Yes         | Yes                                | Yes         |                |             |
| Pastry - Asiago Croissant Twists                          | Yes                                   |             |             | Yes         |                                    | Yes         |                |             |
| Pastry - Caramel Pumpkin Slice- Naturally Flavored        | Yes                                   |             |             | Yes         | Yes                                | Yes         |                |             |
| Pastry - Cherry                                           | Yes                                   |             |             | Yes         |                                    | Yes         |                |             |
| Pastry- Chocolate Croissant                               | Yes                                   |             |             | Yes         | Yes                                | Yes         |                |             |
| Pastry- Cinnamon Roll                                     | Yes                                   | May Contain |             | Yes         | May Contain                        | Yes         |                | May Contain |
| Pastry- Pecan Braid                                       | Yes                                   | Yes         |             | Yes         | May Contain                        | Yes         |                | May Contain |
| Pastry - Pumpkin Spice Cinnamon Roll                      | Yes                                   | May Contain |             | Yes         | May Contain                        | Yes         |                | May Contain |

| Product                                                                  | Wheat (and identifies Gluten sources) | Tree Nuts   | Peanuts     | Milk        | Soy (*excludes highly refined oil) | Egg         | Fish/Shellfish | Sesame      |
|--------------------------------------------------------------------------|---------------------------------------|-------------|-------------|-------------|------------------------------------|-------------|----------------|-------------|
| Scone- Orange (Large & Mini)                                             | Yes                                   |             |             | Yes         |                                    |             |                |             |
| Cookie - PB & J                                                          | Yes                                   | May Contain | Yes         | Yes         |                                    | Yes         |                |             |
| Pastry - Cinnamon Croissant Bites with White Icing                       | Yes                                   |             |             | Yes         |                                    | Yes         |                |             |
| Add on - White Icing Portion Cup                                         |                                       |             |             |             | No Major Allergens Present         |             |                |             |
| <b>Breakfast- Egg Sandwiches, Souffles, Parfait, Fruit &amp; Oatmeal</b> |                                       |             |             |             |                                    |             |                |             |
| Asiago Bagel Stack - Sausage & Egg                                       | Yes                                   |             |             | Yes         | Yes                                | Yes         |                |             |
| Asiago Everything Bagel Stack - Wake-up BLT                              | Yes                                   |             |             | Yes         | Yes                                | Yes         |                | Yes         |
| Asiago Bagel Stack - Farmhouse Duo                                       | Yes                                   |             |             | Yes         | Yes                                | Yes         |                |             |
| Bacon, Egg & Cheese on Artisan Ciabatta                                  | Yes                                   |             |             | Yes         |                                    | Yes         |                | May Contain |
| Bacon, Egg & Cheese on Croissant                                         | Yes                                   | May Contain |             | Yes         | May Contain                        | Yes         |                | May Contain |
| Bacon Double Take on Black Pepper Focaccia                               | Yes                                   |             |             | Yes         | Yes                                | Yes         |                | May Contain |
| Broccoli Cheddar Frittata                                                |                                       |             |             | Yes         | Yes                                | Yes         |                |             |
| Chipotle Chicken, Egg & Avo on Artisan Ciabatta                          | Yes                                   |             |             | Yes         |                                    | Yes         |                | May Contain |
| Egg & Cheese on Artisan Ciabatta                                         | Yes                                   |             |             | Yes         |                                    | Yes         |                | May Contain |
| Egg & Cheese on Croissant                                                | Yes                                   | May Contain |             | Yes         | May Contain                        | Yes         |                | May Contain |
| Egg Styles - Scrambled Egg or Egg White                                  |                                       |             |             |             |                                    | Yes         |                |             |
| Five Cheese & Bacon Frittata                                             |                                       |             |             | Yes         | Yes                                | Yes         |                |             |
| Garden Avo & Egg White on Multigrain Bagel Flat                          | Yes                                   |             |             | Yes         |                                    | Yes         |                | May Contain |
| Ham Croissant Benny                                                      | Yes                                   | May Contain |             | Yes         | Yes                                | Yes         |                | May Contain |
| Ham, Egg & Cheese on Artisan Ciabatta                                    | Yes                                   |             |             | Yes         |                                    | Yes         |                | May Contain |
| Sausage, Egg & Cheese on Artisan Ciabatta                                | Yes                                   |             |             | Yes         |                                    | Yes         |                | May Contain |
| Sausage, Egg & Cheese on Croissant                                       | Yes                                   | May Contain |             | Yes         | May Contain                        | Yes         |                | May Contain |
| Steak & Wake on Artisan Ciabatta                                         | Yes                                   |             |             | Yes         |                                    | Yes         |                | May Contain |
| Four Cheese Souffle                                                      | Yes                                   |             |             | Yes         | Yes                                | Yes         |                |             |
| Spinach & Bacon Souffle                                                  | Yes                                   |             |             | Yes         | Yes                                | Yes         |                |             |
| Fruit Cup                                                                |                                       |             |             |             | No Major Allergens Present         |             |                |             |
| Hard Boiled Eggs                                                         |                                       |             |             |             |                                    | Yes         |                |             |
| Parfait- Greek Yogurt with Berries                                       |                                       | Yes         |             | Yes         |                                    |             |                |             |
| Steel Cut Oatmeal with Strawberries & Pecans                             |                                       | Yes         |             |             |                                    |             |                |             |
| Steel Cut Oatmeal with Strawberries - Without Pecans                     |                                       |             |             |             | No Major Allergens Present         |             |                |             |
| <b>Salads &amp; Stuffers</b>                                             |                                       |             |             |             |                                    |             |                |             |
| Asian Sesame with & without Chicken                                      | Yes                                   | Yes         |             |             |                                    |             |                | Yes         |
| <b>Stuffer</b> - Asian Sesame with & without Chicken                     | Yes                                   | Yes         |             |             |                                    |             |                | Yes         |
| Asian Sesame with & without Chicken - Without Almonds                    | Yes                                   |             |             |             |                                    |             |                | Yes         |
| <b>Stuffer</b> - Asian Sesame with & without Chicken - without Almonds   | Yes                                   |             |             |             |                                    |             |                | Yes         |
| Caesar with & without Chicken                                            | Yes                                   |             |             | Yes         |                                    | Yes         | Yes            |             |
| <b>Stuffer</b> - Caesar with & without Chicken                           | Yes                                   |             |             | Yes         |                                    | Yes         | Yes            |             |
| Farmhouse Crunch Salad                                                   | May Contain                           | Yes         | May Contain | Yes         | May Contain                        | Yes         |                | May Contain |
| <b>Stuffer</b> - Farmhouse Crunch                                        | Yes                                   | Yes         | May Contain | Yes         | May Contain                        | Yes         |                | May Contain |
| Farmhouse Crunch Salad - without almonds                                 |                                       |             |             | Yes         |                                    | Yes         |                |             |
| <b>Stuffer</b> - Farmhouse Crunch - without almonds                      | Yes                                   |             |             | Yes         |                                    | Yes         |                |             |
| Fuji Apple with & without Chicken                                        |                                       | Yes         |             | Yes         |                                    |             |                |             |
| <b>Stuffer</b> - Fuji Apple with & without Chicken                       | Yes                                   | Yes         |             | Yes         |                                    |             |                |             |
| Fuji Apple with & without Chicken - Without Pecans                       |                                       |             |             | Yes         |                                    |             |                |             |
| <b>Stuffer</b> - Fuji Apple with & without Chicken - without Pecans      | Yes                                   |             |             | Yes         |                                    |             |                |             |
| Greek with & without Chicken                                             |                                       |             |             | Yes         |                                    |             |                |             |
| <b>Stuffer</b> - Greek with & without Chicken                            | Yes                                   |             |             | Yes         |                                    |             |                |             |
| Green Goddess Cobb with Chicken                                          |                                       |             |             | Yes         |                                    | Yes         |                |             |
| <b>Stuffer</b> - Green Goddess Cobb with Chicken                         | Yes                                   |             |             | Yes         |                                    | Yes         |                |             |
| Ranch Parm BLT                                                           | Yes                                   |             |             | Yes         |                                    | Yes         |                |             |
| <b>Stuffer</b> - Ranch Parm BLT                                          | Yes                                   |             |             | Yes         |                                    | Yes         |                |             |
| Southwest Chicken Ranch                                                  |                                       |             |             | Yes         |                                    | Yes         |                |             |
| <b>Stuffer</b> - Southwest Chicken Ranch                                 | Yes                                   |             |             | Yes         |                                    | Yes         |                |             |
| Ultimate Garden Steak Salad                                              | Yes                                   |             |             | Yes         |                                    | Yes         |                |             |
| <b>Stuffer</b> - Ultimate Garden Steak                                   | Yes                                   |             |             | Yes         |                                    | Yes         |                |             |
| Harvest Medley with and without Chicken                                  | Yes                                   | Yes         |             | Yes         |                                    |             |                |             |
| <b>Stuffer</b> - Harvest Medley with and without Chicken                 | Yes                                   | Yes         |             | Yes         |                                    |             |                |             |
| Harvest Medley with and without Chicken - No Pecans                      | Yes                                   |             |             | Yes         |                                    |             |                |             |
| <b>Stuffer</b> - Harvest Medley with and without Chicken - No Pecans     | Yes                                   |             |             | Yes         |                                    |             |                |             |
| <b>Market Bowls</b>                                                      |                                       |             |             |             |                                    |             |                |             |
| All-In Veggie                                                            | Yes                                   |             |             | Yes         | Yes                                |             |                |             |
| Sesame Ginger Chicken                                                    | Yes                                   | Yes         | May Contain | May Contain | Yes                                | May Contain |                | Yes         |

| Product                                                                                                                                                    | Wheat (and identifies Gluten sources) | Tree Nuts | Peanuts | Milk | Soy (*excludes highly refined oil) | Egg | Fish/Shellfish | Sesame      |
|------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------|-----------|---------|------|------------------------------------|-----|----------------|-------------|
| Sesame Ginger Chicken - No Almonds                                                                                                                         | Yes                                   |           |         |      | Yes                                |     |                | Yes         |
| Carnitas Elote                                                                                                                                             |                                       |           |         | Yes  |                                    | Yes |                |             |
| <b>Sandwiches- Information is provided with default bread choice. If bread choice is changed (or any other customization), it may contain an allergen.</b> |                                       |           |         |      |                                    |     |                |             |
| Asiago Bagel Stack - Chicken Roma                                                                                                                          | Yes                                   |           |         | Yes  | May Contain                        | Yes |                |             |
| Asiago Bagel Stack - Spicy Steak                                                                                                                           | Yes                                   |           |         | Yes  | May Contain                        | Yes |                |             |
| Bacon Turkey Bravo on Tomato Basil                                                                                                                         | Yes                                   |           |         | Yes  |                                    | Yes |                | May Contain |
| Chicken Bacon Rancher on Black Pepper Focaccia                                                                                                             | Yes                                   |           |         | Yes  |                                    | Yes |                | May Contain |
| Chipotle Chicken Avo Melt on Round Black Pepper Focaccia                                                                                                   | Yes                                   |           |         | Yes  |                                    | Yes |                | May Contain |
| Ciabatta Cheesesteak                                                                                                                                       | Yes                                   |           |         | Yes  |                                    | Yes |                | May Contain |
| Cranberry Walnut Chicken Salad on Country Rustic                                                                                                           | Yes                                   | Yes       |         |      |                                    | Yes |                | May Contain |
| Grilled Cheese on Classic White Loaf                                                                                                                       | Yes                                   |           |         | Yes  | Yes                                |     |                | May Contain |
| Grilled Chicken & Avo BLT on Country Rustic Sourdough                                                                                                      | Yes                                   |           |         | Yes  |                                    | Yes |                | May Contain |
| Mediterranean Veggie on Tomato Basil                                                                                                                       | Yes                                   |           |         | Yes  |                                    |     |                | Yes         |
| Pickle Spear for cold sandwiches                                                                                                                           |                                       |           |         |      | No Major Allergens Present         |     |                |             |
| Smokehouse BBQ Chicken on Artisan Ciabatta                                                                                                                 | Yes                                   |           |         | Yes  |                                    |     |                | May Contain |
| Toasted Frontega Chicken on Black Pepper Focaccia                                                                                                          | Yes                                   |           |         | Yes  |                                    | Yes |                | May Contain |
| Toasted Italiano on Baguette                                                                                                                               | Yes                                   |           |         | Yes  |                                    | Yes |                | May Contain |
| Tomato Basil BLT on Tomato Basil Miche                                                                                                                     | Yes                                   |           |         |      |                                    | Yes |                | May Contain |
| Toasted Caprese Focaccia                                                                                                                                   | Yes                                   |           |         | Yes  |                                    |     |                | May Contain |
| Tuna Salad on Country Rustic Sourdough                                                                                                                     | Yes                                   |           |         |      |                                    | Yes | Yes            | May Contain |
| Turkey & Cheddar on Country Rustic Sourdough                                                                                                               | Yes                                   |           |         | Yes  |                                    | Yes |                | May Contain |
| Spicy Fiesta Chicken on Ciabatta                                                                                                                           | Yes                                   |           |         | Yes  |                                    | Yes |                | May Contain |
| Catering- Ham & Cheddar on Country Rustic                                                                                                                  | Yes                                   |           |         | Yes  |                                    | Yes |                | May Contain |
| Ciabatta Dipper - French                                                                                                                                   | Yes                                   |           |         | Yes  | Yes                                | Yes |                | May Contain |
| Ciabatta Dipper - Chicken Pesto                                                                                                                            | Yes                                   |           |         | Yes  |                                    |     |                | May Contain |
| <b>Dressings, Sauces, Spreads &amp; Soup Dipper</b>                                                                                                        |                                       |           |         |      |                                    |     |                |             |
| Sauce - Apple Cider BBQ                                                                                                                                    |                                       |           |         |      | No Major Allergens Present         |     |                |             |
| Dressing - Asian Sesame vinaigrette                                                                                                                        |                                       |           |         |      |                                    |     |                | Yes         |
| Sauce - Balsamic Glaze                                                                                                                                     |                                       |           |         |      | No Major Allergens Present         |     |                |             |
| Sauce - Balsamic Vinaigrette                                                                                                                               |                                       |           |         |      | No Major Allergens Present         |     |                |             |
| Sauce - Bravo Signature                                                                                                                                    |                                       |           |         |      |                                    | Yes |                |             |
| Dressing - Caesar                                                                                                                                          |                                       |           |         | Yes  |                                    | Yes | Yes            |             |
| Sauce - Cheese Hollandaise                                                                                                                                 |                                       |           |         | Yes  | Yes                                | Yes |                |             |
| Sauce - Chipotle Aioli                                                                                                                                     |                                       |           |         |      |                                    | Yes |                |             |
| Dressing - Creamy Garden Herb                                                                                                                              |                                       |           |         | Yes  |                                    | Yes |                |             |
| Sauce - Creamy Basil Pesto                                                                                                                                 |                                       |           |         | Yes  |                                    |     |                |             |
| Dressing - Farmhouse Ranch                                                                                                                                 |                                       |           |         | Yes  |                                    | Yes |                |             |
| Sauce - Garlic Aioli                                                                                                                                       |                                       |           |         |      |                                    | Yes |                |             |
| Dressing - Greek                                                                                                                                           |                                       |           |         |      | No Major Allergens Present         |     |                |             |
| Sauce - Green Chile Salsa Verde                                                                                                                            |                                       |           |         | Yes  |                                    | Yes |                |             |
| Dressing - Green Goddess                                                                                                                                   |                                       |           |         | Yes  |                                    |     |                |             |
| Spread- Hummus                                                                                                                                             |                                       |           |         |      |                                    |     |                | Yes         |
| Sauce - Mayonnaise                                                                                                                                         |                                       |           |         |      |                                    | Yes |                |             |
| Dressing - Sesame Ginger                                                                                                                                   | Yes                                   |           |         |      | Yes                                |     |                | Yes         |
| Dressing - White Balsamic Apple Flavored Vinaigrette                                                                                                       |                                       |           |         |      | No Major Allergens Present         |     |                |             |
| Dressing - Zesty Smoky Lemon Vinaigrette                                                                                                                   | Yes                                   |           |         |      | Yes                                |     |                |             |
| Dipper - Creamy Tomato - Dipper Portion                                                                                                                    |                                       |           |         | Yes  |                                    |     |                |             |
| Dipper - Bistro French Onion - Dipper Portion                                                                                                              | Yes                                   |           |         | Yes  | Yes                                |     |                |             |
| <b>Drinks</b>                                                                                                                                              |                                       |           |         |      |                                    |     |                |             |
| Additional Shot of Caramel Syrup                                                                                                                           |                                       |           |         |      | No Major Allergens Present         |     |                |             |
| Additional Shot of Chocolate Sauce                                                                                                                         |                                       |           |         | Yes  |                                    |     |                |             |
| Additional Shot of Chocolatey Hazelnut Flavored Syrup                                                                                                      |                                       |           |         |      | No Major Allergens Present         |     |                |             |
| Additional Shot of Madagascar Vanilla Syrup or Cane Sugar Syrup                                                                                            |                                       |           |         |      | No Major Allergens Present         |     |                |             |
| Additional Shot of Pumpkin Spice Sauce                                                                                                                     |                                       |           |         | Yes  |                                    |     |                |             |
| Additional Shot of Rocky Road Syrup                                                                                                                        |                                       |           |         |      | No Major Allergens Present         |     |                |             |
| Additional Shot of Snickerdoodle Syrup                                                                                                                     |                                       |           |         |      | No Major Allergens Present         |     |                |             |
| Agave Lemonade                                                                                                                                             |                                       |           |         |      | No Major Allergens Present         |     |                |             |
| Americano                                                                                                                                                  |                                       |           |         |      | No Major Allergens Present         |     |                |             |
| Blackberry Hibiscus Iced Tea - Naturally Flavored Herbal Tea                                                                                               |                                       |           |         |      | No Major Allergens Present         |     |                |             |
| Cafe Frozen Java                                                                                                                                           |                                       |           |         | Yes  |                                    |     |                |             |
| Caffe Latte (espresso - Hot or Iced)                                                                                                                       |                                       |           |         | Yes  |                                    |     |                |             |
| Cappuccino (espresso)                                                                                                                                      |                                       |           |         | Yes  |                                    |     |                |             |

| Product                                                                           | Wheat (and identifies Gluten sources) | Tree Nuts   | Peanuts     | Milk | Soy (*excludes highly refined oil) | Egg         | Fish/Shellfish | Sesame      |
|-----------------------------------------------------------------------------------|---------------------------------------|-------------|-------------|------|------------------------------------|-------------|----------------|-------------|
| Caramel Latte (espresso - Hot or Iced)                                            |                                       |             |             | Yes  |                                    |             |                |             |
| Chai Tea Latte (Hot or Iced)                                                      |                                       |             |             | Yes  |                                    |             |                |             |
| Cherry Lime Fresca                                                                |                                       |             |             |      | No Major Allergens Present         |             |                |             |
| Coffee/Decaf Coffee (Hot or Iced)                                                 |                                       |             |             |      | No Major Allergens Present         |             |                |             |
| Dragonfruit Sunset Energy Refresher - Naturally Flavored                          |                                       |             |             |      | No Major Allergens Present         |             |                |             |
| Hazelnut Flavored Mocha Iced Coffee                                               | May Contain                           | May Contain | May Contain | Yes  | Yes                                | May Contain |                |             |
| Hazelnut Mocha Frozen Java                                                        | May Contain                           | May Contain | May Contain | Yes  | Yes                                | May Contain |                |             |
| Hot Tea Bags                                                                      |                                       |             |             |      | No Major Allergens Present         |             |                |             |
| Iced Teas - Unsweetened / Sweetened / Passion Papaya Naturally Flavored Green Tea |                                       |             |             |      | No Major Allergens Present         |             |                |             |
| Island Mango Energy Refresher - Naturally Flavored - With Dragon Fruit            |                                       |             |             |      | No Major Allergens Present         |             |                |             |
| Island Mango Energy Refresher - Naturally Flavored - With Pineapple               |                                       |             |             |      | No Major Allergens Present         |             |                |             |
| Madagascar Vanilla Latte (espresso - Hot or Iced)                                 |                                       |             |             | Yes  |                                    |             |                |             |
| Mango Smoothie with Greek Yogurt (Frozen)                                         |                                       |             |             | Yes  |                                    |             |                |             |
| Mocha Latte (espresso - Hot or Iced)                                              |                                       |             |             | Yes  |                                    |             |                |             |
| Passionfruit Paradise Energy Refresher - Naturally Flavored                       |                                       |             |             |      | No Major Allergens Present         |             |                |             |
| Pumpkin Spice Frozen Java                                                         |                                       |             |             | Yes  |                                    |             |                |             |
| Pumpkin Spice Iced Coffee                                                         |                                       |             |             | Yes  |                                    |             |                |             |
| Pumpkin Spice Latte - (Hot or Iced)                                               |                                       |             |             | Yes  |                                    |             |                |             |
| Rocky Road Iced Coffee                                                            | May Contain                           | May Contain | May Contain | Yes  | Yes                                | May Contain |                |             |
| Rocky Road Frozen Java                                                            | May Contain                           | May Contain | May Contain | Yes  | Yes                                | May Contain |                |             |
| Signature Hot Chocolate - (Hot or Frozen)                                         |                                       |             |             | Yes  |                                    |             |                |             |
| Snickerdoodle Iced Coffee                                                         | May Contain                           | May Contain | May Contain | Yes  | May Contain                        | May Contain |                |             |
| Snickerdoodle Frozen Java                                                         | May Contain                           | May Contain | May Contain | Yes  | May Contain                        | May Contain |                |             |
| Strawberry Banana Smoothie with Greek Yogurt (Frozen)                             |                                       |             |             | Yes  |                                    |             |                |             |
| Strawberry Basil Lemonade Fresca                                                  |                                       |             |             |      | No Major Allergens Present         |             |                |             |
| Strawberry Smoothie with Greek Yogurt (Frozen)                                    |                                       |             |             | Yes  |                                    |             |                |             |
| Sweet Cream Cold Foam                                                             |                                       |             |             | Yes  |                                    |             |                |             |
| Tropical Green Smoothie (Frozen)                                                  |                                       |             |             |      | No Major Allergens Present         |             |                |             |
| <b>Kids</b>                                                                       |                                       |             |             |      |                                    |             |                |             |
| Broccoli Cheddar Soup - Cup                                                       | Yes                                   |             |             | Yes  |                                    |             |                |             |
| Grilled Cheese on Classic White Loaf - Whole                                      | Yes                                   |             |             | Yes  | Yes                                |             |                | May Contain |
| Kids Ham & American Cheese on Classic White Loaf - Whole                          | Yes                                   |             |             | Yes  | Yes                                |             |                | May Contain |
| Kids Turkey & American Cheese on Classic White Loaf - Whole                       | Yes                                   |             |             | Yes  | Yes                                |             |                | May Contain |
| Mac & Cheese - Cup                                                                | Yes                                   |             |             | Yes  |                                    | Yes         |                |             |
| <b>Soups &amp; Mac</b>                                                            |                                       |             |             |      |                                    |             |                |             |
| Bistro French Onion with Cheese & Croissant Croutons                              | Yes                                   |             |             | Yes  | Yes                                |             |                |             |
| Broccoli Cheddar                                                                  | Yes                                   |             |             | Yes  |                                    |             |                |             |
| Cream of Chicken & Wild Rice                                                      | Yes                                   |             |             | Yes  |                                    |             |                |             |
| Homestyle Chicken Noodle                                                          | Yes                                   |             |             |      |                                    | Yes         |                |             |
| Creamy Tomato with Croissant Croutons - Vegetarian                                | Yes                                   |             |             | Yes  |                                    |             |                |             |
| Bacon Mac & Cheese                                                                | Yes                                   |             |             | Yes  |                                    | Yes         |                |             |
| Mac & Cheese                                                                      | Yes                                   |             |             | Yes  |                                    | Yes         |                |             |
| Rustic Baked Potato                                                               |                                       |             |             | Yes  |                                    |             |                |             |
| Three Cheese Lasagna                                                              | Yes                                   |             |             | Yes  |                                    | Yes         |                |             |
| Autumn Squash - Vegetarian                                                        |                                       |             |             | Yes  |                                    |             |                |             |
| Stuffer - Ultimate Mac                                                            | Yes                                   |             |             | Yes  |                                    | Yes         |                |             |
| <b>Non-traditional Grab N Go</b>                                                  |                                       |             |             |      |                                    |             |                |             |
| Chicken Caesar Wrap                                                               | Yes                                   |             |             | Yes  | Yes                                | Yes         | Yes            | Yes         |
| Frontega Chicken Wrap                                                             | Yes                                   |             |             | Yes  | Yes                                | Yes         |                | Yes         |
| Green Goddess Chicken Wrap                                                        | Yes                                   |             |             | Yes  | Yes                                |             |                | Yes         |
| Hard Boiled Eggs                                                                  |                                       |             |             |      |                                    | Yes         |                |             |
| Turkey & Cheddar Wrap                                                             | Yes                                   |             |             | Yes  | Yes                                | Yes         |                | Yes         |