



EATING WELL YOUR WAY



GLUTEN-CONSCIOUS OPTIONS

Panera Bread's gluten-conscious menu items are prepared in the same kitchen as our gluten-containing menu items. While we're happy to make your order just the way you want, we can't guarantee that there will be no cross-contact between ingredients. If you have celiac disease, a heightened gluten intolerance, or a wheat allergy, please consult with your doctor on the specifics of your gluten-free diet.

BREAKFAST

Steel-Cut Oatmeal 🌱
with Cinnamon Crunch Topping Strawberries & Pecans

370 CAL

Greek Yogurt 🌱
with Mixed Berries

240 CAL

Summer Fruit Cup 🌱

60 CAL

Summer Fruit Bowl 🌱

Small (serves 5) 390 CAL
Large (serves 10) 790 CAL

LUNCH

SALADS W/ CHICKEN (SERVES 10)

NEW Southwest Caesar 🌱 3310 CAL

IN SEASON Strawberry Poppyseed 🌱 1800 CAL

Green Goddess Cobb 2580 CAL

Fuji Apple 🌱 2820 CAL

CLASSIC SALADS (SERVES 10)

NEW Southwest Caesar 🌱 2740 CAL

IN SEASON Strawberry Poppyseed 🌱 1240 CAL

Seasonal Greens 🌱 1650 CAL

Greek 🌱 2260 CAL

SOUPS (SERVES 4)

IN SEASON Mexican Street Corn Chowder 🌱 700 CAL

NEW Chicken Tikka Masala 🌱 820 CAL

Thai Chicken 🌱 540 CAL

EXTRAS

Summer Fruit Cup 🌱 60 CAL

Summer Fruit Bowl 🌱
Small (serves 5) 390 CAL
Large (serves 10) 790 CAL

Allergen Information

Many of our products contain or may come in contact with common allergens, including wheat, peanuts, soy, tree nuts, milk, eggs, fish, shellfish and sesame. Before placing your order, please contact your local cafe or catering manager if a person in your party has a food allergy so that a manager can, at your request, provide you a list of ingredients in your order.

For pricing and availability, contact your local cafe or order online. 2,000 Calories a day is used for general nutrition advice, but calorie needs vary. Additional nutritional information available upon request.

🌱 CONTAINS PEANUTS AND/OR TREE NUTS 🌱 CONTAINS FISH 🌱 VEGETARIAN



VEGETARIAN OPTIONS

To qualify for our vegetarian category, each item must not include meat, fish and shellfish. Milk and egg products, and enzymes or rennet from animal sources are allowed.

BREAKFAST

BREAKFAST ASSORTMENTS

Morning Continental **SERVES 8-10**
An assortment of 4 freshly baked bagels and 6 pastries. Served with 8 oz tub of plain cream cheese spread* and butter**, plus orange juice and coffee.

Morning Pastries **SERVES 8-10**
An assortment of 10 pastries served with butter**.

Bagels & Morning Pastries **SERVES 8-10**
An assortment of 4 freshly baked bagels and 6 pastries served with plain cream cheese spread* and butter**.

Bagels Pack
Your choice of 13 freshly baked bagels with 2 tubs of plain cream cheese spread*.

OATMEAL, YOGURT & FRUIT

Steel-Cut Oatmeal **370 CAL**
with Cinnamon Crunch Topping Strawberries & Pecans

Greek Yogurt with Mixed Berries **240 CAL**

Summer Fruit Cup **60 CAL**

Summer Fruit Bowl
Small (serves 5) 390 CAL
Large (serves 10) 790 CAL

SOUFFLÉS & BREAKFAST SANDWICHES

Four Cheese Soufflé **470 CAL**

Spinach & Artichoke Soufflé **530 CAL**

Avocado, Egg White, Spinach & Cheese Sandwich **Chef's Pick!** **350 CAL**

Egg & Cheese Sandwich **380 CAL**

Breakfast sandwiches and soufflés are available until 10:30 AM weekdays / 11 AM weekends.

BAGELS

Plain **280 CAL** **Chocolate Chip** **330 CAL**

Sprouted Grain Flat **180 CAL** **Blueberry** **300 CAL**

Everything **300 CAL** **Cinnamon Swirl & Raisin** **310 CAL**

Sesame **300 CAL** **Cinnamon Crunch** **420 CAL**

Asiago Cheese **310 CAL**

Plain cream cheese spreads* are also available. See cafe for full selection.

*Plain cream cheese spread tub (8 oz) 110 CAL/1 oz **Butter 35 CAL/EA.

LUNCH

SOUPS & MAC

IN SEASON Mexican Street (Serves 4) **700 CAL**

Corn Chowder **GC** (Serves 4) **850 CAL**

Creamy Tomato (Serves 4) **850 CAL**

Broccoli Cheddar Mac & Cheese (Serves 10) **1480 CAL**

Mac & Cheese (Serves 10) **1930 CAL**

EXTRAS

Summer Fruit Cup **60 CAL**

Summer Fruit Bowl
Small (serves 5) 390 CAL
Large (serves 10) 790 CAL

SANDWICHES & SALADS

Mediterranean Veggie Sandwich (Serves 10) **640 CAL**

Seasonal Greens Salad **GC** (Serves 10) **1650 CAL**

Greek Salad **GC** (Serves 10) **2260 CAL**

Fuji Apple Salad **GC** (Serves 10) **2260 CAL**

Citrus Asian Crunch Salad (Serves 10) **2180 CAL**

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CONTAINS PEANUTS AND/OR TREE NUTS **GC** **GLUTEN-CONSCIOUS**

C223 Dietary Restrictions